

TAC TITANS LONG COURSE TEAM RECORDS

Updated: 8.19.2025

Event	Female 10 & Under			Female 11 - 12			Female 13 - 14			Female 15 - 18			Female Open		
50 Free	29.80L	Jeletma, Tessa	2024	26.82L	Whelehan, Finola	2024	25.53L	Curzan, Claire	2018	24.17L	Curzan, Claire	2021	24.17L	Curzan, Claire	2021
100 Free	1:05.41L	Jeletma, Tessa	2024	58.85L	Whelehan, Finola	2024	55.87L	Liu, Reina	2024	53.55L	Curzan, Claire	2021	53.55L	Curzan, Claire	2021
200 Free	2:23.85L	Jeletma, Tessa	2024	2:09.18L	Eward, Ellery	2019	2:02.08L	Whelehan, Finola	2025	2:00.36L	Curzan, Claire	2022	2:00.36L	Curzan, Claire	2022
400 Free	5:07.23L	Cotter, Keelan	2016	4:34.00L	Zettel, Nicole	2019	4:23.43L	Whelehan, Mere	2021	4:13.23L	Pennington, Caroline	2021	4:07.77L	Twitchell, Ashley	2019
800 Free	12:15.18L	Lehning, Caitlin	2014	9:25.66L	Cotter, Keelan	2018	9:05.17L	Zettel, Brooke	2018	8:40.50L	Pennington, Caroline	2021	8:27.36L	Twitchell, Ashley	2019
1500 Free	22:36.97L	Hoang, Christiana	2021	18:09.83L	Cotter, Keelan	2018	17:20.22L	Pozder, Ana	2014	16:33.21L	Pennington, Caroline	2021	15:54.19L	Twitchell, Ashley	2019
50 Back	34.65L	Jeletma, Tessa	2024	30.97L	Hook, Charlotte	2016	28.58L	Curzan, Claire	2019	28.09L	Curzan, Claire	2022	28.09L	Curzan, Claire	2022
100 Back	1:13.61L	Whelehan, Sloane	2019	1:06.03L	Hook, Charlotte	2016	1:01.03L	Curzan, Claire	2019	58.39L	Curzan, Claire	2022	58.39L	Curzan, Claire	2022
200 Back	2:43.00L	Clark, Abby	2015	2:25.77L	Zettel, Nicole	2019	2:12.43L	Curzan, Claire	2019	2:07.31L	Curzan, Claire	2022	2:06.34L	Curzan, Claire	2024
50 Breast	38.12L	Cotter, Keelan	2016	33.80L	Willis, Lily	2019	34.17L	Liu, Ziva	2025	33.21L	Poole, Julia	2016	33.21L	Poole, Julia	2016
100 Breast	1:23.90L	Cotter, Keelan	2016	1:12.99L	Willis, Lily	2019	1:11.96L	He, Carolin	2024	1:10.59L	Poole, Julia	2015	1:10.59L	Poole, Julia	2015
200 Breast	3:09.54L	Jeletma, Tessa	2024	2:40.26L	Willis, Lily	2019	2:35.75L	Willis, Lily	2021	2:32.55L	Poole, Julia	2015	2:32.55L	Poole, Julia	2015
50 Fly	32.81L	Cotter, Keelan	2016	29.32L	Hockett, Greta	2025	26.18L	Curzan, Claire	2019	25.49L	Curzan, Claire	2022	25.49L	Curzan, Claire	2022
100 Fly	1:15.95L	Cotter, Keelan	2016	1:05.72L	Carter, Olivia	2013	58.61L	Curzan, Claire	2019	56.20L	Curzan, Claire	2021	56.61L	Curzan, Claire	2020
200 Fly				2:23.54L	Pistaneck, Mia	2023	2:11.09L	Hook, Charlotte	2018	2:07.87L	Hook, Charlotte	2019	2:07.87L	Hook, Charlotte	2019
200 IM	2:42.15L	Cotter, Keelan	2016	2:22.98L	Zettel, Nicole	2019	2:15.85L	Hook, Charlotte	2018	2:13.04L	Hook, Charlotte	2021	2:13.04L	Hook, Charlotte	2021
400 IM				5:08.99L	Zettel, Nicole	2019	4:50.07L	Hook, Charlotte	2018	4:47.72L	Hook, Charlotte	2020	4:47.72L	Hook, Charlotte	2020
200 Free Relay	2:04.62L	T. Cureton, N. Zettel, M. Whelehan, L. Willis	2017	1:52.91L	M. Whelehan, N. Zettel, E. Eward, S. Holfelder	2019	1:52.18L	B. Zettel, A. Clark, T. Bloom, S. Hollowell	2018	1:47.07L	C. He, S. Holfelder, M. Whelehan, F. O'Malley	2025	1:43.76L	C. Martin, F. Whelehan, S. Whelehan, R. Liu	2025
400 Free Relay				4:05.21L	L. Willis, N. Zettel, M. Whelehan, E. Eward	2019	3:54.51L	C. He, R. Liu, F. O'Malley, L. Smith	2024	3:50.42L	S. Holfelder, N. Zettel, M. Whelehan, S. Whelehan	2024	3:45.63L	R. Liu, C. Martin, F. Whelehan, S. Whelehan	2025
800 Free Relay							8:28.69L	R. Liu, K. Dietrich, F. O'Malley, C. He	2024	8:21.64L	K. Cotter, N. Zettel, M. Whelehan, S. Holfelder	2023	8:16.15L	F. Whelehan, R. Liu, M. Whelehan, S. Whelehan	2025
200 Med Relay	2:18.71L	T. Cureton, N. Zettel, M. Whelehan, L. Willis	2017	2:10.55L	F. Whelehan, Z. Liu, A. Phillips, V. Gomez-Taylor	2024	2:05.90L	A. Clark, J. Zhang, I. Grande, E. Baric	2018	1:55.91L	R. Liu, C. He, N. Nixon, C. Martin	2025	1:55.91L	R. Liu, C. He, N. Nixon, C. Martin	2025
400 Med Relay				4:33.72L	T. Bloom, K. Cotter, E. Dry, T. Morris	2017	4:20.07L	C. Curzan, E. Dry, C. Hook, B. Zettel	2018	4:08.71L	T. Morris, S. Armand, C. Hook, K. Cotter	2022	4:08.71L	T. Morris, S. Armand, C. Hook, K. Cotter	2022